



## The Organ Lady™

Dear Parent,

The Choice & Consequence™ (CC) organization is proud to be part of a unique health education program, “The Real Inside Story™”(TRIS). The “organ lady™” will be coming to \_\_\_\_\_ on \_\_\_\_\_. During the presentation your child will be taken on a fantastic voyage through the human body.

The goal of this presentation is to educate young people about the importance of making positive health choices. TRIS uses real human organs, some healthy and others damaged from substance abuse, interactive activities, humor, storytelling, scientific fact, and an unforgettable hands-on component designed to help youth contemplate their vulnerability, often a problem for young people! At the end of the presentation, participants will be allowed to put on non-latex, nitrile gloves and examine the organs for themselves if time allows. After initial preservation, all of the organs are stored in a mixture of isopropyl alcohol and water to ensure that they are safe for children to handle.

Our registered nurse, Colleen Williams, MS, RN presents this empowering education program to schools, colleges, community groups, corporations, and professional organizations throughout Washington State and beyond. Currently a student in the University of Washington Psychiatric Mental Health Nurse Practitioner program, she covers sensitive issues with tact, humor and grace and makes it comfortable for students to learn. TRIS covers substance use, nutrition, bullying/racism, mental health and physical activity and does not address sexual or gender identity issues. **After experiencing TRIS, many students want to share what they learned with family members and friends. We hope you will take the opportunity to talk with your child about important life choices.** On our web site under the ‘connections’ link you will find resources and tips for parents to help you have this sometimes difficult conversation. Click on the link to view the King 5 Evening Magazine segment about TRIS.

Since 2002, TRIS has been taught to over 193,000 young people, helping many to make positive choices and take personal responsibility for their quality of life. The overwhelming majority of children don’t use alcohol, tobacco and other drugs. It is not a rite of passage. Just because they can’t see the damage happening on their insides doesn’t mean it’s not happening! We look forward to providing this unique experience to your child, and you are most welcome to attend the presentation. Please notify your child’s teacher if you feel that this experience would be inappropriate for your child and you **do not** wish for him or her to attend. At times, photographs and film footage are taken of students during TRIS for marketing purposes. Please notify your teacher if you **do not** want their picture or film taken. Otherwise, it is assumed that you consent and you may revoke the consent at any time by contacting the CC office. CC is a nonprofit 501 (c)(3)charity registered in Washington State. CC is dependent upon grants, donations, and charging a fee for services, depending on funding levels, to deliver this important information to students. You may also call our office with any questions you have.

Sincerely,

Colleen Williams, MS, RN  
Executive Director / Choice & Consequence™

