



The Organ Lady™

Dear Parents,

The Choice & Consequence™ (CC) organization is proud to be a part of a unique health education program, “Body Buddy™”(BB), especially designed for grades K-3. During the presentation your child will be taken on a fantastic voyage through the human body. The goal of BB is to educate young people about the importance of making positive choices. Actual healthy human organs will be shown. At the end of the presentation, participants will be allowed to put on non-latex nitrile gloves and examine the organs for themselves, if time allows. All of the organs are stored in a mixture of isopropyl alcohol and water to ensure that they are safe for children to handle. The BB nurse discusses substance use, bullying/racism, nutrition, physical activity, and mental health! Unfortunately, research has shown that by the time children are in the 5th grade, 42% have already formed positive ideas about alcohol, tobacco and other drugs. We are passionate about changing those numbers and helping youth improve their quality of life!

Our registered nurse, Colleen Williams, MS, RN presents this empowering education program to schools, community groups, corporations, and professional organizations throughout Washington State and beyond. She is a student at the University of Washington in the Psychiatric Mental Health Nurse Practitioner program. Since 2002, CC nurses have spoken to over 193,000 students! **After experiencing BB, many students want to share what they learned with family and friends. We hope you will take this opportunity to talk with your child about the importance of making healthy choices.** You can go to our web site at <http://www.choiceandconsequence.org> and click on the connections link to find parent resources that will help prepare you for this conversation.

Choice & Consequence™ is a nonprofit 501(c)(3) charity and is dependent on donations, grants, and charging a fee for services, depending on funding levels, to bring TRIS to students across Washington State and beyond. We look forward to providing this unique opportunity to your child, and you are welcome to attend the presentation. You can go to <http://www.choiceandconsequence.org> to find more information and view the short Evening Magazine segment about “The Real Inside Story™”, the program for older students. You may also call our office at 360-422-5704 with any questions you have. Please complete the consent form below and have your child return it to his or her teacher. **It will be required for your child’s attendance at the presentation.** Your student’s photo or film footage may be taken during the program and used for CC marketing purposes. If you do not want a photo or film taken please mark below.

Sincerely,

Colleen Williams / Executive Director



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Please complete the following and return to your child’s teacher for your child’s participation or exclusion from participation in “Body Buddy”™.

It is okay to take photos and film footage of my child for use in media, web, brochure, and other uses. I understand that I may revoke this permission at any time by contacting the Choice & Consequence office. YES___ NO___

I have read the information and **DO** give my child permission to participate in this activity.

Student Name Parent/Guardian Signature

I have read the information and **DO NOT** give my child permission to participate in this activity

Student Name Parent/Guardian Signature